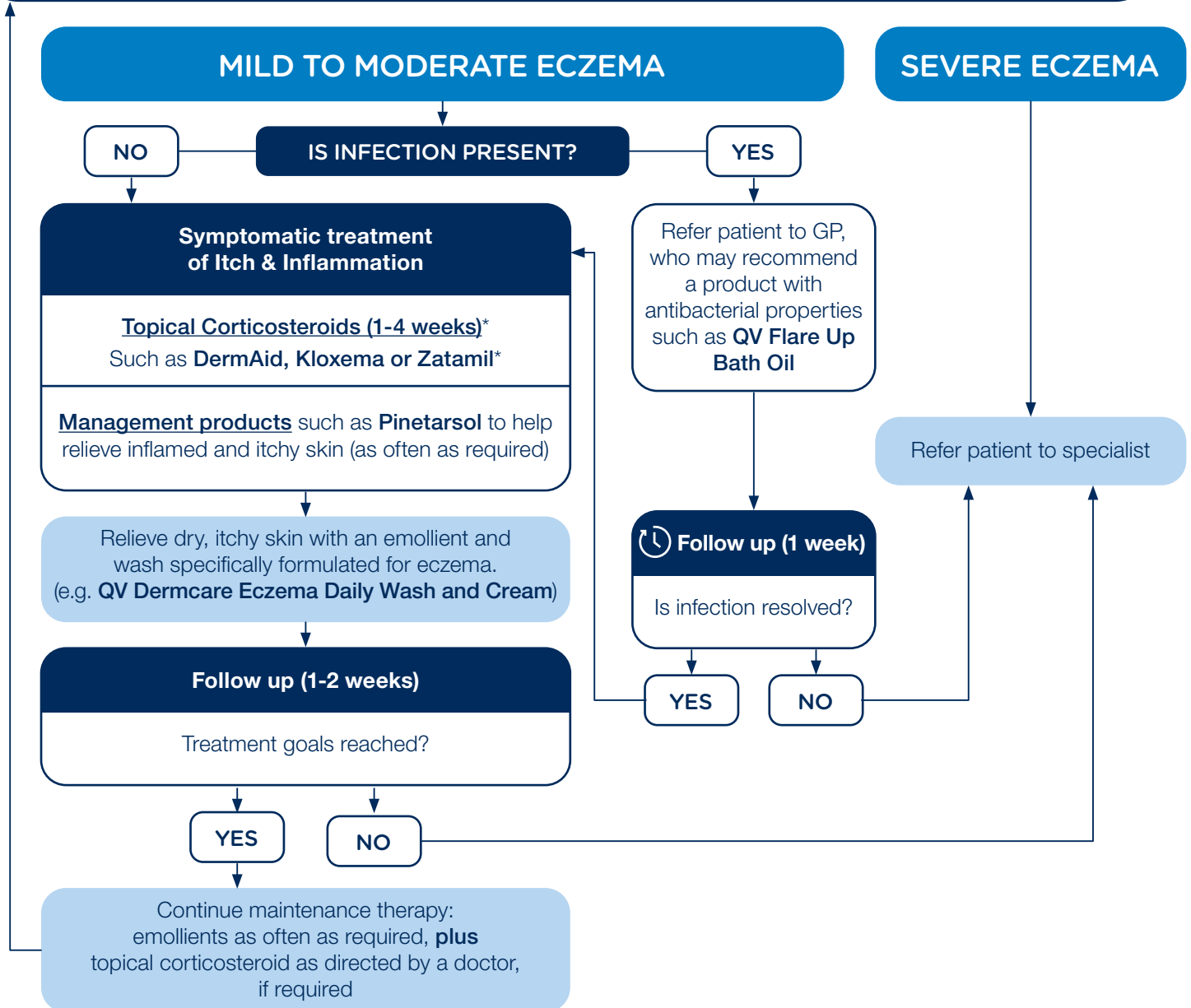
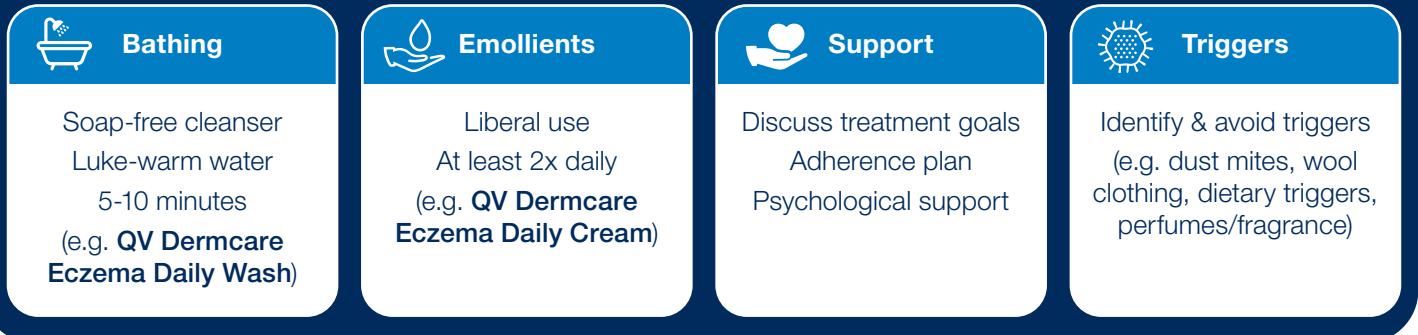


Eczema Management Guide for Health Professionals

BASELINE MANAGEMENT - B.E.S.T Practice



DRY & CRACKED SKIN MANAGEMENT GUIDE

Daily Management for Dry & Cracked Skin

Water-free emollients such as **QV Dermcare Sting-Free Ointment** (as often as required)

*Depending on severity, location & patient's age. Recommended treatment time may vary based on product choice. See back cover for dosage.

Before prescribing or recommending DermAid, Kloxema or Zataamil please review the Full Product Information (PI). Full Product Information is available on request from Ego Pharmaceuticals Pty Ltd and can be accessed at ebs.tga.gov.au

PBS Information: Zataamil Lotion and Zataamil Ointment 15g: Restricted benefits. Corticosteroid-responsive dermatoses. Zataamil Lotion and Zataamil Ointment 15g: Authority Required (Streamlined). Refer to PBS Schedule for full authority information. Zataamil Hydrogel and Zataamil Ointment 45g: These products are not listed on the PBS.

Zataamil (mometasone furoate) Hydrogel, Ointment, Lotion: Short term (up to four continuous weeks) relief of inflammatory and pruritic manifestations of corticosteroid-responsive dermatoses, such as psoriasis and atopic dermatitis. Zataamil Lotion is suitable for use in scalp psoriasis and application to other areas of the body. **Contraindications:** Hypersensitivity to mometasone furoate or to other corticosteroids. Viral infections of the skin, tuberculosis, acne rosacea, perioral dermatitis, fungal skin infections and ulcerative conditions. **Precautions:** Irritation or sensitisation; infection; infants and children; prolonged or extensive use; occlusion; eye contact; pregnancy (Category B3); lactation. **Adverse Reactions:** Itching; burning; stinging; skin atrophy; acneiform reactions. **Dosage and Administration:** Apply a thin film of Zataamil Hydrogel or Ointment to the affected skin area once daily. A few drops of Zataamil Lotion should be applied to affected skin areas including scalp sites once daily; massage gently and thoroughly until the medication disappears. Based on TGA approved PI dated 14/8/2020.

Kloxema (clobetasone butyrate): Short term (up to 7 days) treatment of milder forms of eczema, dermatitis and other steroid responsive skin conditions. **Dosage:** For 12 years and over. Apply a thin film and gently rub in, using only enough to cover the affected area twice daily for up to 7 days. **Contraindications:** Kloxema cream should not be used in patients with a history of hypersensitivity to clobetasone butyrate or to any of the excipients in the product. Rosacea, acne, pruritis without rash, perioral dermatitis; Untreated bacterial infections such as cellulitis, folliculitis, furunculosis or impetigo; Fungal infections such as those associated with tinea (eg athlete's foot, jock itch); Viral infections including cold sores (herpes simplex), chicken pox or shingles (Varicella zoster) or vaccinia; Parasitic infestations such as scabies. Do not use on broken or infected skin or on inflamed skin near chronic ulcers.

DermAid (hydrocortisone): For the temporary relief of symptoms associated with acute and chronic corticosteroid responsive conditions including: minor skin irritations, itching and rashes due to eczema, dermatitis, contact dermatitis (such as rashes due to cosmetics and jewellery), psoriasis, anogenital pruritus and sunburn. **DermAid 1% cream:** Apply a thin layer to affected skin 1–2 times daily as required. **DermAid 1% solution:** Apply a few drops to the affected area 2–3 times daily as required. Massage in gently. **DermAid 1% spray:** Hold bottle approximately 10 cm from the affected skin and apply 1–2 sprays; 2–3 times daily as required. Massage in gently. **DermAid 0.5% cream:** Apply a thin layer to affected skin 1–3 times daily as required. **DermAid Soft 1% cream:** Apply a thin layer to affected skin 2–4 times daily as required. **DermAid Soft 0.5% cream:** Apply a thin layer to affected skin 2–4 times daily as required. **Contraindications:** vaccinia, chicken pox, herpes and other viral infections, bacterial infections, tuberculosis of the skin and syphilitic skin disorders. Hypersensitivity to hydrocortisone, other corticosteroids or any other ingredient in the product. Do not use in the eye.

QV Dermcare Eczema Daily Wash & Cream: Helps relieve the symptoms of mild to moderate eczema. **Pinetarsol Gel (tar (pine tar)), Pinetarsol Bath Oil (tar (pine tar)), Pinetarsol Solution (Tar (Pine Tar), Trolamine Lauril Sulfate):** Soap free alternative relieves itchy and inflamed skin conditions associated with dermatitis, chicken pox, nappy rash, sunburn, prickly heat, hives, insect bites, anal and genital itching and other skin irritations. Relieves the symptoms of psoriasis. **QV Flare Up Bath Oil (benzalkonium chloride, light liquid paraffin, triclosan):** Emollient, adjunctive treatment of recurrent eczema in which secondary *S. aureus* infection is a major and frequent problem.

References: 1. Smith S, Baker C, Gebauer K, Rubel D, Frankum B, Soyer HP, et al. Atopic dermatitis in adults: An Australian management consensus. *Australasian Journal of Dermatology* 2020;61(1):23–32.
2. LePoidevin LM, Lee DE, Shi VY. A comparison of international management guidelines for atopic dermatitis. *Pediatric Dermatology* 2019;36(1):36–65.

EGO PHARMACEUTICALS PTY LTD

21–31 Malcolm Road, Braeside 3195 Australia **australia** +61 3 9586 8800 **toll free** 1800 033 706

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Date of Preparation: July 2021 84734



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